# What's the big deal about second-hand smoke?

START Education Tool Kit: Session 2



#### Let's Recap:

Girls are at higher risk of developing breast cancer

when they:

Smoke cigarettes

Are exposed to second-hand smoke



Girls...
Why do YOU need to know this?

Guys...

Why do YOU need to know this?



### So why is it important to know this now?

The choices made today can have a **BIG** impact on health later on.



## REFLECTION ACTIVITY 2:

Where are teen girls exposed to second-hand smoke?

### Teen girls are most often exposed to second-hand smoke...



### REFLECTION ACTIVITY 2: Where is smoking banned in your community?



#### Within British Columbia,



smoking is not permitted in any of the following areas...





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#### Keep in mind...



#### REFLECTION ACTIVITY 3:

What can you do if someone is smoking near you or your friends?

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A FREE online service available 24/7 to all British Columbians who want to quit smoking for good.

Includes a variety of resources and tools to help people quit smoking.

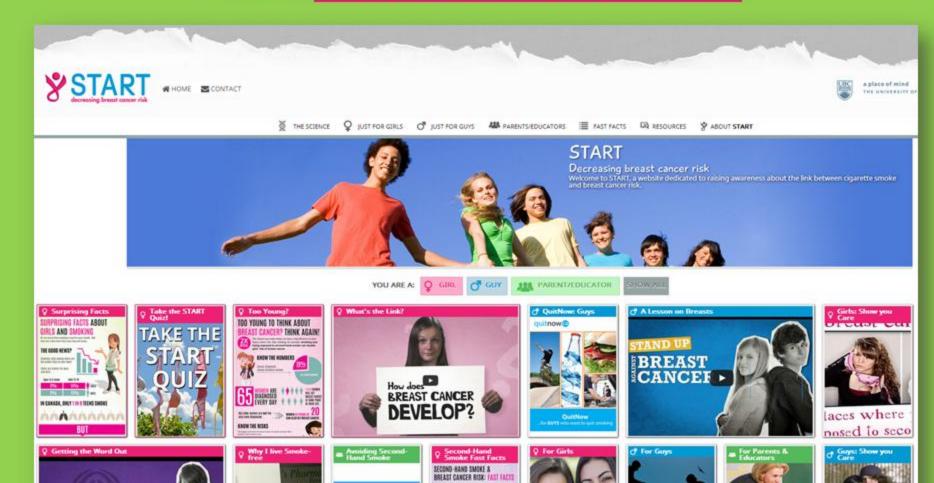
You can even receive support by text message or by phone!

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#### Want more info?

Visit: www.start.ok.ubc.ca



#### This teaching session was developed by the START research team at the University of British Columbia





#### a place of mind

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For more information, please visit: www.start.ok.ubc.ca